Swim test record

BackPR

> Test every camper in the water before their first swim, no matter what their parent marked on the form. Have a second lifeguard watch during every test. Test non-swimmers and beginners in shallow water only. Retest anyone who seems unsure. Write your own pass rules below and train lifeguards on them.

Test details

Pool or waterfront _____

Date _____

Lifeguard or water safety instructor testing _____

Pass rules for each level (for example, swim 25 yards, tread water 1 minute)

_____

Levels

Example: Red = shallow water only, with a life jacket if required. Yellow = shallow and middle areas. Green = all areas. Change these to match your waterfront.

Results

Camper name	Group	Parent-reported ability	Level earned	Band color	Tester initials	Retest date and result

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Free to use and change, but not legal or medical advice. Check your state's licensing rules and your insurer's requirements, and have a lawyer review any consent or waiver language.

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