

Camp packing list

BackPR

Please label everything with your child's first and last name. Items left in our lost and found are donated after [date or time].

Every day

- ☐ Backpack
- ☐ Refillable water bottle
- ☐ Lunch and two snacks, no glass [unless we provide meals]
- ☐ Sunscreen, put on before drop-off, plus a bottle to reapply
- ☐ Hat
- ☐ Sneakers or other closed-toe shoes for running
- ☐ Comfortable clothes that can get dirty
- ☐ Any medicine your child needs during camp hours, handed to staff at drop-off in its original container with our medication form
- ☐ Epinephrine auto-injector or inhaler, if your child has one, with our medication form (we'll tell you whether your child carries it or staff do)

Swim days ([days])

- ☐ Swimsuit (wearing it under clothes saves time)
- ☐ Towel
- ☐ Water shoes or sandals
- ☐ Plastic bag for wet things
- ☐ Goggles (optional)

Good to have

- ☐ Light rain jacket
- ☐ Change of clothes, especially for younger campers
- ☐ Bug spray (if you gave us permission to apply it)

Overnight camp only

- ☐ Sleeping bag, or sheets and a blanket for a [twin] bed
- ☐ Pillow
- ☐ Pajamas
- ☐ Underwear and socks for each day, plus extras
- ☐ Warm layer for cool nights
- ☐ Toothbrush, toothpaste, soap and shampoo
- ☐ Shower shoes and a towel
- ☐ Flashlight with extra batteries
- ☐ Laundry bag
- ☐ Addressed, stamped envelopes for letters home

Please leave at home

- Phones, tablets, smartwatches and video games
- Money and valuables, unless we ask for spending money
- Toys and trading cards
- Food with nuts [if we ask families not to send nuts]
- Pocketknives or anything that looks like a weapon

Questions

Contact [name] at [phone or email].

Free to use and change, but not legal or medical advice. Check your state's licensing rules and your insurer's requirements, and have a lawyer review any consent or waiver language.

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